

SS. COSMAS AND DAMIAN PARISH

Guidelines for Celebrating Holy Mass During Coronavirus Pandemic

May 19, 2020

1. The Sacrament of **Reconciliation** will only be available by scheduling with the Parish Office.
2. The Sunday Obligation to attend Mass is dispensed. You are welcome to join us. Please keep Sunday holy. All Masses will be live streamed.
3. Participants should wear **facemasks**.
4. The doors of the church should remain propped open.
5. A **collection basket** will be at the entrance of the main congregational area, thus eliminating the need for passing a basket around.
6. Participants should sit in **designated pews** or chairs. There will not be a designated handicap space. Please sit with your family.
7. Families may sit together, but non-family members must remain six feet apart.
8. **Singing** will be limited to the cantor.
9. The "gifts" will not be presented by the congregation.
10. The sign of peace will be limited to a **reverent bow**.
11. Hosts will go directly from the shipping bag into the ciborium without being touched. The ciborium will have a lid covering it until Holy Communion is distributed.
12. The Precious Blood will not be distributed at Communion time.
13. The presider will proclaim, "The Body of Christ" from the main altar. The congregation will respond, "Amen." This will alleviate any need for dialogue at the reception of Holy Communion.
14. **Ushers** will invite each pews up for Holy Communion, beginning with the pews closest to the main altar. The floor has been marked for proper distancing as we wait in line for Holy Communion. Others should remain in their pews.
15. **Designated Eucharistic Ministers** will wash their hands before the distribution of Holy Communion and wear a non-latex glove and a facemask during distribution of Holy Communion.
16. A temporary altar will be placed at each junction for the reception of Holy Communion. The participant will bow and then place his or her hands in a cupped position over the temporary altar to receive Holy Communion.
17. Holy Communion will not be received directly on the tongue.
18. The Eucharistic Minister will hold the consecrated host directly over the participants' hands and drop it into their cupped hands.
19. The participant should not attempt to grab the host. If the participant has only one hand available, one hand should be cupped over the temporary altar and the same process is used.
20. If the participant needs a **trace-gluten host**, the presider will clean the pix before the Mass. The pix will remain opened on the main altar. The open pix will be taken by the presider to the temporary altar for distribution. The participant will identify themselves to the presider. The participant will cup their hands over the temporary altar as usual. The presider will pour the contents of the pix into the participants' hands and then place the pix on the temporary altar. The participant will pick up the pix and continue to his or her pew.
21. At the end of Mass, the ushers will **dismiss** the congregation **row-by-row** beginning with the chairs and the last pew. The community is not encouraged to congregate after Mass.
22. Fr. Michael and Deacon Ed will be available from a safe distance to greet people after Mass.
23. The pews, bathrooms, doors, and vessels will be cleaned between Masses.