

A Lent to Remember

A Lenten Encounter with Mercy



Are you still looking for a way to deepen your spiritual journey this Lent?

We are encouraging all parishioners to take part in a Lenten study through our subscription to Formed.org. This study is called **A Lent to Remember** and is made up of four sessions that can be completed at your own pace.

The sessions include a 30 minute video along with reflections and discussion questions. This study is a great tool to use to get the most you can out of Lent this year. You can do this on your own or as a family. You could also get together with other parishioners to discuss or pray about what you've learned from the study.

You can find a link to this study on the Community Page of Formed.org

Using the highly-acclaimed Augustine Institute programs

Symbolon

and

Forgiven: The Transforming Power of Confession,

A Lent to Remember explores the ways God reaches out to each of us with his mercy. Through Christ's suffering on the cross in the Paschal Mystery and his perpetual reception of his people in the Sacrament of Reconciliation, God makes his love, his very self, present to us in the world. By reflecting on the Paschal Mystery and making a step-by-step examination of the Rite of Confession, *A Lent to Remember* communicates God's invitation to each one of us to come experience his indescribable love this Lent.